



EWBP Pain Protocol[®]

We can get or create pain in numerous ways. We can have physical, mental, emotional, psychological, psychic, and spiritual pain. This is just scratching the surface! There are numerous other ways pain is created. (Look up “pain” in Wikipedia!)

One way of describing the complexities of the root causes for our symptoms is that they are like the roots of a 100-year old tree. They are strong, buried and hidden. Many may be unconscious, subconscious and non-conscious.

Sometimes the causes are easily revealed and cleared by focusing on life issues or symptoms. And sometimes symptoms persist even when cleared many times.

A question that comes up is how to clear these complexities without having to unearth and delete them one at a time. The Energetic Well Being Process Protocol[®] references lists and images as a means of clearing these complex roots more efficiently.

As has been covered previously, to find the most leverage in clearing root causes, the Protocol uses the basic question, “*Where in the client’s universe is the weakest point?*”

When the weakest point is found, then:

Clear/Deprogram (Delete/Remove/Eliminate):

A) All the root causes, effects, negative reinforcements, interactions, dependencies, attachments, reactions, triggers, issues;

B) Through all levels of being, bodies, energies, existences, dimensions, universes, space, timelines, past, present and future, known and unknown, to 0 minus infinity for the past and to 0 positive/plus infinity for the future.

And then:

C) Strengthen/reprogram to absolutely support and enhance the desired state to 100% positive infinity and beyond.

If and when the pain is still present, and/or if box H) Pain Protocol (on page A of main protocol) comes up weakest, check and continue clearing the following three areas of focus:

1) Stages, Events, and People in a person’s life

2) Cubes

3) Dynamics of a person’s life

Keep asking:

Will the pain clear with this area of focus? If so, clear.

Do the specifics of this option need to be identified?

If yes, identify them and then clear.

If no, go to the next area of focus.

1) Stages, Events, and People in a person's life

- a) At what **stages** in a person's life are there significant blockages/root causes that created the person's symptoms (including negative emotions, sensations, negative spiritual experiences, traumas, karmas, illnesses, miasmas, fears and phobias, betrayals, memories, unknowns, etc.)?

- b) **Events** – What are the **worst things** that happened in a person's life?

Use the person's energy to find the three weakest and then clear/deprogram them.

What are the **best things** that happened in a person's life?

Use the person's energy to find the strengths to enhance (the three that are weakest) and then strengthen and reprogram them.

- c) **People** – Who are the most **important people** in a person's life?

Present and past?

Love, friendship, guidance, support?

Conflict, betrayal, ongoing tension, issues, challenges?

Use the person's energy to identify the three people where there is the highest need for improving the relationships, and clear and strengthen using the Relationship Protocol (or others the person's energy goes weak to, such as the Telling Lies or Perception Protocols).

Examples of specific **stages, events** or **people** that need to be identified in order to delete root causes and support desired state?

15 stages and worst things – Almost died at age 5; threatened by a gang in high school; rejected by first love; bad knee injury; moved to a big city and later went to a big school and felt totally inadequate; cut self badly; got addicted to...;

Events:

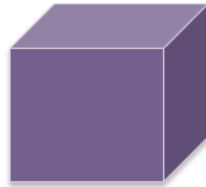
- fired/laid off and couldn't find work; etc.
- 20 best things/strengthening experiences – Connected with significant other; spiritual experiences; insights that shifted perspective; graduated; did a great job; kept getting satisfaction from work; had children; etc.

- 35 positive relationship interactions – Significant other; offspring; competitor; co-workers; partner; assistant; friends; practitioner; etc.

2) Cubes – Will a cube capture and clear? If so, clear.

Cubes, and multiple cubes, can be used to clear quickly and extensively. A cube can be used as an option for dealing with more complex roots, and multiple cubes become even more powerful.

Basic Cube

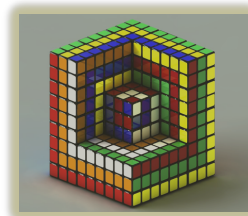
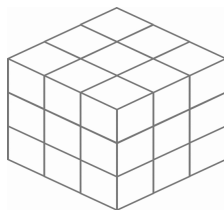


Will a denser cube – like a cube of cubes – clear? If yes, imagine a cube made up of many cubes. How many cubes are there on one edge of the cube?

For example, if there were three smaller cubes on an edge, then the total number of cubes in that one cube would be $3 \times 3 \times 3 = 27$. If there were 10 on an edge, it would be 1,000. In both cases, there are cubes within cubes representing an even larger amount of complexity.

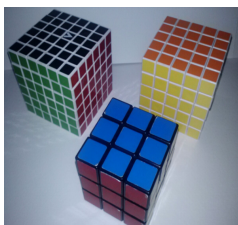
Define the number, and clear.

Cubes Within Cubes



Will a larger number of dense cubes clear?

Multiple dense cubes



If yes, count and clear.

3) Dynamics – If no, do the dynamics of what needs to be cleared need to be identified and cleared? For example: cycles, astrological, rhythms, frequencies, vibrations, dimensions, universes, existences, melodies, tones, sounds, patterns, programs, infinities, repetitions, words, phrases, spaces, and shift the person's vibrations to their truth?

Find those that are weak, count the number, imagine what and how each is illustrated, expressed, portrayed, viewed, perceived, experienced, and clear.

For a specific client, define what works for the person.

Dynamics in a person's life:

For example (see *Dynamics Worksheet on next page*):

Cycles – 1 million – repetitive actions, motions or thoughts

Astrological – 2 million – representing a constellation or sign

Rhythms – 3,000 – in the shape of a musical instrument – hear the sound/music

Frequencies – 2 billion – define numbers of frequencies or imagine a sine wave

Vibrations – 3 million – define numbers of vibrations or vibrating images – what do they look like?

Dimensions – 4 – a series of disconnected staircases – what pattern(s)?

Clear!

Check to see what percent of the roots have cleared before and after using this cube clearing. Typically, at least 50% more of the roots are cleared.

And keep checking and clearing Dynamics as long as this protocol keeps coming up as weakest, indicating to keep using it to clear away the symptoms!

DYNAMICS WORKSHEET

- a. Cycles**
- b. Astrological**
- c. Rhythms**
- d. Frequencies**
- e. Vibrations**
- f. Dimensions**
- g. Universes**
- h. Existences**
- i. Melodies**
- j. Tones**
- k. Sounds**
- l. Patterns**
- m. Programs**
- n. Infinities**
- o. Repetitions**
- p. Words**
- q. Phrases**
- r. Spaces**
- s. Shift to Their Truth**